

Heart Failure Support Group



Join us at our new monthly Heart Failure Support Group each month to learn from Riverside nurses dieticians and other clinicians as well as meet with other individuals living with heart failure. FREE to join.

WHERE? RRMC Annex Conf Rm C
(Annex is Bldg D closest to the Virginia Living Museum)

WHEN? 4th Thursday of each month, 3-4 pm

QUESTIONS?

Reach out to Nurse Navigator Kim Slaydon, RN at Kimberly.Slaydon@rivhs.com or at 757-268-4195

HOW? Join in-person or via zoom. Call Kim Slaydon for a Zoom link to join online instead of in person.



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