

RIVERSIDE HEALTH'S 16<sup>TH</sup> ANNUAL

# STROKE SYMPOSIUM

May 2, 2025

6:30 a.m. - 3:45 p.m.



For details on CMEs/CEUs,  
agenda and more

**6:30- 7:30 a.m. Registration and Continental Breakfast**

**7:30 – 7:40 a.m. Opening and Welcome**

**John Livingstone II, M.D.** *Stroke Program Medical Director/Neurologist*  
Riverside Regional Medical Center | Riverside Neurology Specialists  
Newport News, VA

**7:40 – 8:10 a.m. Hypertension Management in Prevention of Stroke**

**Bradley Touchet, M.D.** *Family Practice Physician/Associate Program Director*  
Riverside Brentwood Family Practice | Riverside Family Medicine Residency Program  
Newport News, VA

**Sarah Abuali, M.D.** *Riverside Family Medicine Resident PGY3*  
Riverside Family Medicine Residency Program  
Newport News, VA

**8:10 – 8:40 a.m. Pre-Hospital Stroke Scales & Bypass Protocols: Improvement of Stroke Diagnosis in the Field**

**Cara Marie Jackson, D.O., FACEP** *Emergency Department Physician/Emergency Medicine Residency  
Core Faculty/Director of Professional Development and Wellness/Operational Medical Director*  
Riverside Regional Medical Center | York County Fire and Life Safety  
Newport News & Yorktown, VA

**Melissa Doak, NRP** *Battalion Chief, EMS Operations/Paramedic/EMS Educator/QA/QI Officers*  
York County Fire and Life Safety  
Yorktown, VA

**8:40– 9:10 a.m. Migraines and Stroke: Understanding the Connection**

**Kamel Ben-Othmane, M.D.** *Neurologist*  
Riverside Neurology Specialists | Riverside Neurology & Sleep Specialists | Riverside Health  
Newport News & Gloucester, VA

**9:10 – 9:40 a.m. Break/Vendors**

**9:40 – 10:10 a.m. Covid-19 and Stroke: Evolving Insights and Implications for Frontline Teams**

**Aaron Daley, M.D.** *Associate Chief Medical Officer/Neuro-Hospitalist*  
Riverside Regional Medical Center  
Newport News, VA

**10:10– 10:40 a.m. Middle Meningeal Artery Embolization for Treatment of Subdural Hematoma**

**Wolfgang Leesch, M.D.** *Neurointerventional Specialist/Vascular and Critical Care Neurologist*  
Riverside Regional Medical Center  
Newport News, VA

**10:40 – 11:30 a.m. Keynote Speaker: Moyamoya Disease and Pediatric Stroke: Navigation of the Challenges**

**Lisa Sun, M.D.** *Neurologist/Associate Program Director, Child Neurology Residency Program  
Associate Professor of Neurology  
Johns Hopkins University School of Medicine  
Baltimore, MD*

**11:30 a.m. – 12:30 p.m. Lunch**

**12:30 - 1:00 p.m. Acute Management of Tandem Occlusions: Navigation of Complex Stroke Scenarios**

**Renato Oliveira, M.D.** *Neurointerventional Specialist/Vascular Neurologist  
Riverside Regional Medical Center  
Newport News, VA*

**1:00 – 1:30 p.m. Life's a Highway: Avoiding the Diabetes-Stroke Detour**

**Maria Leusink, PharmD, BCPS** *Pharmacist Specialist  
Riverside Regional Medical Center  
Newport News, VA*

**1:30 – 2:00 p.m. Dementia and Stroke: A Diagnostic Approach**

**Suraj Rajan, MSc., M.D.** *Neurologist/Neurodegenerative and Movement Disorder Specialist  
Adjunct Assistant Professor in Neurology, Movement Disorders Division  
Riverside Medical Group | Johns Hopkins University Department of Neurology  
Newport News, VA & Baltimore, MD*

**2:00 – 2:25 p.m. Acute Care Perspectives for Stroke Rehabilitation**

**James Coble, PT** *DPT Physical Therapist  
Riverside Regional Medical Center  
Newport News, VA*

**Emily Little, OTR/L** *Occupational Therapist  
Riverside Regional Medical Center  
Newport News, VA*

**2:25 – 2:40 p.m. Break/Vendors**

**2:40 – 3:10 p.m. Navigation of Stroke Risk during Pregnancy: Challenges and Management**

**Gloria Too, M.D.** *Maternal Fetal Medicine Division Director/Associate Professor of Obstetrics  
and Gynecology  
Macon & Joan Brock Virginia Health Sciences | Eastern Virginia Medical School  
Norfolk, VA*

**3:10 – 3:40 p.m. Differentiating Retinal Artery Occlusion and Ophthalmologic Causes of Visual Deficits in Stroke**

**John Frantz, M.D.** *Ophthalmologist/Assistant Professor of Clinical Ophthalmology  
Hampton Roads Eye Associates  
Newport News, VA*

**3:40 – 3:45 p.m. Closing Remarks**

**O'Brien Gossage, MSN, RN, SCRN** *Associate Vice President  
Riverside Neuroscience Service Line | Riverside Radiosurgery Center  
Riverside Health  
Newport News, VA*